

3. The 5 essential forms of Christian prayer are explained in the Catechism paragraphs 2626-2643, 2562-63. List these forms of prayer and explain each one.

4. When and where do you most often pray? Which form of prayer do you pray most?

5. What is the role of the Holy Spirit in prayer? (CCC: 2670)

6. What are the sources of Christian prayer? (CCC:2653, 2655, 1812, 1813, 1840, 1841, 2660)

7. List the attitudes in prayer that are more important to you. (Lukefahr, pgs. 202-203)

8. What are some of the temptations that keep you from praying?